

# Want to Stop 5G? IT'S NOT TOO LATE

*Despite what you've been told, most of New Zealand is still 5G-Free. Here's what you can do to help keep it that way.*

## 1) Sign the petitions against 5G

You can find the most important New Zealand petitions and an international petition at this link: <https://www.5g.org.nz/take-action/>

## 2) Join the growing boycott of the companies that are working to deploy 5G in NZ

These companies are Spark, Vodafone and 2Degrees. You can find information to help you choose an alternative telecommunications company by visiting this link: <https://www.5g.org.nz/boycott-5g/>

## 3) Like & follow 5G-Free New Zealand on Facebook

If you are on Facebook, please like and follow the 5G Free New Zealand Facebook page. This will help keep you up to date with the 5G situation in NZ as well as provide you with useful information about 5G and other wireless technologies. <https://www.facebook.com/5GFreeNewZealand/>

## 4) Use safe, corded phones and hardwired internet connections

Using a corded phone and connecting your computer to the internet with an ethernet cable helps to reduce your radiation exposure and protect your health. It also helps protect the environment because wireless data transfer is less energy efficient than using a hardwired option – and because choosing copper or fibre-based phones and internet helps to reduce the proliferation of cellular phone towers. Learn more here: <https://www.5g.org.nz/safer-technology/>

*Thank you for helping keep this dangerous technology out of NZ!*

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